

**room to move**

PILATES PERSONAL TRAINING

PILATES MAT TEACHER CERTIFICATION

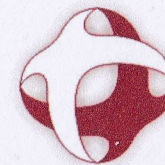
**SONJA GÜBELI**

has successfully completed the **Pilates Mat Teacher Training Program**  
and absolved the required 208 h practical training and seminars.

Certification Date:  
Jan 2015 – Sept 2015

Daniela Pauli  
Program Director  
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19.11.15  
DPA



Schweizerischer Pilates Verband